

The Nintendo Wii Activity Checklist

By
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Q - Can the player (s) hold the Wii remote control & operate the buttons ?

Q - Has the medical history of the intended player(s) been checked, to see if physically and mentally suitable?

Q - Will the supervisor have enough time to stay for the whole session and not be called away?

NB: Vitalyz recommend that everyone using a Wii within a care setting should be supervised at ALL times.

Now you should consider the following points as part of your usual Health, Safety & Risk Assessment procedure, prior to using the Wii.

Correct seating position for the player(s) is very important, and if they are in a wheelchair, make sure the brakes are ON.

A clear view of the screen and the sensor bar is required to allow all physical movements to be recognised by the Wii when playing.

Make sure the wrist strap is used during all sessions to reduce the risk of injuries to others and eliminate the chance of damaging the T.V.

Ensure that at least the players arm length is kept clear in ALL directions around them, to avoid themselves or a neighbour getting hurt.

Help each player understand how the game operates, and more importantly make sure they know they can take a break without affecting their game score.

Like all activities, it is essential to record the Wii sessions in the care plans.

Vitalyz suggest keeping a camera ready to capture those unique moments of Wii FUN!